



## **Lights Comparison Chart**

Lights Features and Benefits - See which Light is right for you	Ajna Light	Neuro Light
5 white-light only LEDs - seen with infinite-colours through the "minds-eye" with eyes closed	XX	XX
Light entrainment therapy	x	XX
Suitable for beginners	XX	XX
Experience deep relaxation and peace	XX	XX
Meditation settings to enhance existing practice or begin a new meditation practise	XX	XX
Spiritual journeys to learn more about your own consciousness	XX	х
Random signalling for light patterns	XX	х
Sleep enhancement settings	х	XX
Adjust Light intensity to a level that suits - works for people who are light sensitive	XX	XX
Fully immersive experience for individuals & couples (use audio splitter) plus 3 or 4 could also fit	XX	XX
Light weight and portable, complete kit comes in a small bag 3kg in total	XX	XX
Brain neuroplasticity		XX
Whole brain wellness		XX
Sound entrainment therapy		XX
Optimised for working with the Nasal Light		XX
Specific brain light + sound exercises to build Neuroplastic capacity and brain entrainment		XX
103 pre-set neuro enhancement settings to re-train your brain scaled by degree of difficulty		XX
103 unique sound entrainment compositions specifically synced to light entrainment patterns		XX
Light pattern / sound entrainment composed and syncronised together		XX
Complete brain entrainment system - synced audio and visual		XX
Multi-layered and linked sessions for maximum consciousness transformation		XX
Personalised multi-week brain training programs to address specific goals & breakthroughs		XX
Specific light based Neuroplastic capacity assessment processes to test your abilities		XX
Session compositions times - 11 mins, 22 mins and 33 mins - optimised 11 minute sessions		XX
Session journey times can be any length you choose - max 1 hour	XX	
Pineal gland activation	XX	
Larger group sessions of people sitting and facing the Light using exterior stereo speakers	XX	
Add in your favourite binaural beats sound tracks to explore new states	XX	
Explore your own consciousness using unique brainwaves that you set	XX	
Unique random based light patterns able to induce many unique states of consciousness	XX	
Select your own music from included sound library of 100's of inspiring tracks	XX	
Connect to your own music and sound library	XX	
Add your own binural beats sound tracks - plus the system comes with many pre-installed	XX	
Pick and choose whichever light and sound mixes you want in the iLST	XX	
Pick specific brainwave patterns, create your own unique settings	XX	
Asynchronous light patterns - allows for complete random free form patterns	XX	
Endogenous tryptamines style expereinces	XX	Х
Psychedlic style journeys	XX	XX
Mystical OBEs and astral settings	XX	XX
Helps to release the heaviness of depression	x	XX
Discover inner visionary experiences	XX	XX
Helps to process emotions for release	Х	XX
Lucid dreaming receptivity	XX	XX

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Specific sessions to have the following breakthroughs in any of 100+ compositions:		XX
Lucid dreaming training		XX
Sleep retraining settings to move beyond insomnia		XX
Brain Gym "workout" settings to re-skill your brain		XX
Body clock reset - helping you get over travel jetlag		XX
Enhance your memory and think with a young brain		XX
Master your concentration and improve focus		XX
Retrain your brain out of depression		XX
Retrain your brain out of anxiety and stress		XX
Retrain your brain out of anger and destructive emotions		XX
Retrain your brain out of addiction		XX
Retrain your brain out of phobias		XX
Retrain your brain out of toxic emotions		XX
Retrain your brain into peak performance		XX
Relieve symptoms of menopause		XX
Rewire areas of brain damaged by injury		XX
Revitalize and re-energise your brain for optimum brain/body health		XX
Reduce levels of beta amyloid plaque associated with Alzheimer's, Dementia, Parkinson's		XX
Reduce stroke symptoms		XX
Improve fine motor skills		XX
Improve body balance and co-ordination		XX
Increase the energy production in brain cells		XX
Increase oxygen levels in the blood		XX
Reduce tiredness during the day		XX
PURCHASE PRICE	US\$3,333	US\$3,999
BOTH UNITS BUNDLED TOGETHER - Ajna Light + Neuro Light = save 33%		US\$4,666



